



Pranaverdana Yoga School - Application  
200-Hour Yoga Teacher Training with Dawn Schroeder

Please print clearly and submit your completed application via email to: [dawn.schroeder@gmail.com](mailto:dawn.schroeder@gmail.com)

Upon review of your application, a personal interview may be scheduled with Dawn.

Applicants are notified of acceptance via email. Upon approval, the \$500 deposit is due.

**Student Information**

Name \_\_\_\_\_

Date of birth \_\_\_\_\_

email \_\_\_\_\_

phone \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Emergency contact \_\_\_\_\_ & phone \_\_\_\_\_

Current occupation \_\_\_\_\_

Education/Degrees \_\_\_\_\_

**Health information** - do you have any injuries, medical conditions or disabilities that affect your study or yoga practice in this training? If yes, explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do you have any allergies? If yes, explain: \_\_\_\_\_

\_\_\_\_\_

Please list and briefly explain any prescription medications you currently take:

\_\_\_\_\_

**Questionnaire - REQUIRED**

in **brief** essay format, type answers to all the following questions on a separate sheet and **send as an attachment with this application**

1. How long have you practiced yoga? Describe your practice (what style, at a studio, on-line, etc.) and how often you practice.
2. Why do you practice yoga?
3. What is the most rewarding aspect of your yoga practice?
4. What is the most challenging aspect of your yoga practice?
5. What is your intention for taking the Pranaverdana YTT?
6. Describe any other spiritual or meditation practices you have.
7. Describe any teaching experience you have, yoga or otherwise.
8. Why do you want to become a certified yoga teacher?

Are you currently teaching yoga? If yes, explain your style, training, how long, and where you have been teaching.

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*Sign and date below to complete your application. Your responses are confidential and will not be shared with anyone other than the Pranaverdana training staff.*

Signature

Date

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Thank you for your application!